

STEPS TO ENLIGHTENMENT

The Compendium of Thought

Steps to Enlightenment – Introduction

On the other side of enlightenment - I believe we have spoken before that it doesn't stop at enlightenment - it is you as a divine entity. Let's make it into an example. You live forever, you are eternal. Step one of understanding.

Point 2:

You know that you have always been and always will be.

Point 3:

Because you know this, you know that you will go on forever and ever and ever.

Point 4:

Your ability to know is only as vast as your ability to know.

Point 5:

Because you know you go on forever your ability to know also goes on forever.

Point 6:

Where is enlightenment?

Can you mark in your mind or on a piece of paper where on a line that goes on forever, enlightenment is? And if you can mark where enlightenment is, does that not indicate that there is something after that, or does enlightenment lie at the end of that line? Oh, but you go on forever. So where is enlightenment on that journey of the great self other than an arbitrary point of understanding that takes you to a greater wisdom that in turn would take you to a greater wisdom still? If you understand the first six points can you mark on a line that goes on forever where enlightenment is for yourself?

Can you mark on that line where you were an initiate, a master, a sage, a guru, a wise one, an Ascended Master, a great being, a great teacher, an extraordinary being, a universal consciousness, one with God? If you are having trouble marking these on that line, congratulations. If you managed to plot these on your forever self, congratulations. If you saw on that line that there was a final point - let's term that enlightenment - what are you doing now? Looking out over your enlightenment? Or perhaps you know you go on forever and you are having a rest in your enlightenment waiting for your next divine inspiration. Perhaps you decided that at enlightenment you ceased to be anything of what you thought you were, and you are no longer a forever being, you're something else. There are always potentials unexplored.

Steps to enlightenment is not for the faint hearted because perhaps what you will find is that your enlightenment is the product of those steps and what took you to your enlightenment is the culmination of your journey and you were the one devising the journey. Therefore, at your enlightenment you are the summation of everything that you brought into that oneness and as we explore the steps to enlightenment we might start to bump up against, and with, and beside other understandings of enlightenment. And then we would have to question - what is enlightenment in itself? Is it a creation by the entity where it believes and knows it is its totality and its isness, or is it a reality that was put in place to let entities understand that there is a state of being where all is known and that was merely the beginning of greater understandings?

How many entities do you think are enlightened and have been through this journey prior to yourself? And who made it up in the first place that it would exist to have that journey, or could we maybe think that every entity is enlightened and is merely on their forever reality? This is going to be a very interesting exploration into the steps to enlightenment.

Steps to Enlightenment - Part One

In step one we considered whether enlightenment was the end goal or if the knowledge that you are an eternal being placed enlightenment somewhere on that eternal line of reality.

Let us consider our own enlightenment, certainly a buzzword in human consciousness at the present time and a consideration of end goal attainment. Enlightenment thankfully remains relatively elusive and the reason we can be grateful for the elusiveness of enlightenment is because it is unique to every individual as to when and how and what enlightenment is. No individual can explain nor direct any other entity to its own enlightenment. Certainly, they can provide steps along the way. Certainly, they can provide their own wisdom of that experience, but they cannot take anyone to their own enlightenment because it is unique to the individual as to what and how that is achieved.

Insofar as that is a fact, it means then that the term enlightenment remains elusive. No one can describe precisely what that is because anyone who is describing it is guessing at what it is, meaning they are not there, and anyone that is enlightened knows it is unique to themselves and they can't explain what it is anyway because their explanation would not do it any justice. So, enlightenment remains as elusive as God and this is a very magnificent thing for everyone on their journey to enlightenment because what it means for you then is that only you and your God will take you there. It will lead you along the way to whomever you need to meet, to however that entity, person, word, wisdom, book, handstand in the sky, will take you there, but it is only within you that it will happen. There is a lovely song we could quote – “I will take you there.”

This means that our first step in the steps to enlightenment is to recognise that we are the only one that can take us there. So, we can relieve ourselves of all our gurus and of our teachers and masters and leaders and cease following to that elusive end goal, because only our self will take us to enlightenment. Our self will lead us to whomever it needs along the way, but our self knows that no one can show us the way in its entirety. Many great teachers will have everything like a great platter laid out for the initiate to explore in its journey to enlightenment knowing full well that that entity will take the tools that it requires to make its own journey there.

How and when you realise your own enlightenment of course can only be within you, so if you are questioning right now - am I enlightened? ... it probably means that you're not. Do you ever really know if you are enlightenment? Let's come back to the eternal line of life, your eternal self. At what point on that line are you going to put a great big asterisk or a gold star that says – Yep, I'm enlightened? Or will it be that your eternal self will move along its own reality continuing to explore and evolve and somewhere along the way a recognition greater than what it had before will bring it into the knowingness of its totality, if indeed that is what it determines as its enlightenment?

Enlightenment is and was the recognition that a God is born

Steps to Enlightenment - Part Two

When a God is born, they take on the embodiment and knowingness of their eternal nature and that they are always part of everything. The birth of a God comes as their insignificance as part of everything is recognised, and they witness in themselves the humble recognition that they are just as much God as they are not God. In this humble recognition they are able to determine for them self that the totality of God is always held within them and that they were born as God no matter how far away they get from it.

The moment the God is born the God is recognised and in its observation of itself it knows both the separation from God and the totality of God. It is in this complete moment that enlightenment occurs, and the God is born. Nothing and no one can take the entity to that point because it will only be when the god that is born can complete its identification with itself as separate and in its totality. This means then that it is only the God that can take the separate back to itself and be born as God. It seems that when we put these realities together the birth of God happens before the separation, but it is that the God is only born when it is both and it knows that.

Many will talk about the return to the oneness as that point of enlightenment and in many ways, it is correct except that God is as much the separation as it is the oneness so you cannot take one away from the other. Which brings the divine arrow or line of eternal life back into play, because if you cannot take one away from the other, and you determined there is enlightenment, could it perhaps be that enlightenment is dotted all the way along the line and it is merely the reflection of the God in its separation and that it was enlightened all along? Remembering the fact that it is only your God, your self, that can determine enlightenment and how and when that happens.

These images are placed specifically for you to reflect upon what it means to have eternal life - which of course you do - and wherein enlightenment may be in eternal life, and then remember that your God will lead you to information that will build an ever-clearer path to your enlightenment. So, the pictures that you are building right now, one could say are of your own creation in your own steps to enlightenment. And as you observe your eternal life, if indeed you can conceptualise of that in your mind, how is it that you would also observe your enlightenment? And who is driving that beautiful picture on your behalf? The totality or the separation?

If you cannot answer that question perhaps it indicates then that you are enlightened because to you there is no difference. Step two - God is everything and therefore it is you now, it is you then.

Steps to Enlightenment - Part Three

When you reflect back on your enlightenment you are able to observe everything that you learnt on your journey to enlightenment, and in that observation, you remember everything that went on to the point where you became the true enlightened being that you are. Those of us that choose to teach about enlightenment are doing so from that point of reflection, so we are looking back on our self and what steps and initiations and knowledge and experiences we went through to attain our own enlightenment.

This goes a long way to explaining why it is an individual journey and yet there still can be teachers of this process because what we are teaching you is a reflection of how our journey occurred. If you are looking forward to your enlightenment, one way to bring that closer to you would be to reflect on your own enlightenment. In other words, take yourself on to the other side of it and reflect on it. By doing this what is happening is you are naturally positioning yourself in a state where you are beyond your own enlightenment. Whether you agree or think this is true or not it doesn't matter. We have termed this section steps to enlightenment so we may as well put it in as one of the steps because it is clearly an indicator that if your mind is capable of reflecting your own enlightenment back to you, it would mean that therefore you have and will and do attain enlightenment. You would not be reading this if that was not in your current agenda.

To do this no one can tell you what your enlightenment looks like, feels like, or is, so that is the starting position and only you can do that. Remember that eternal line that you are - eternal life that goes on and on and on - pick a point on that line wherever it may be. Stand as yourself on that point and look back down the line at where it is that you are enlightened and observe past that everything that went on to get to that point. If you can do this it would indicate that you are already there, whether you recognise it or not. If you struggle with the acceptance of this, then of course it means that you are not there because you are still looking forward to your enlightenment but have not accepted that you are enlightened.

Another interesting step that you could take is to stand at numerous positions on that eternal line and reflect back on your enlightenment and consider whether it is different from any of those other positions. Did anything change in that journey? The reason to do this is because you are the one governing your enlightenment and where you are right now. If you position yourself looking back down onto your enlightenment, really close to where that is, your perspective on it will be different to the self that has been enlightened for millions of years at whatever point you position it.

Enlightened beings are everywhere. They are the governing forces of reality through the universes. They are the gods that create, and they don't question their own enlightenment, they just are it. Their journey post enlightenment is as extraordinary as what it was that took them to their enlightenment, including any points where they blanked the recognition that they were enlightened so that they may be of greater service to the divine force of God and the creative nature of all things. In simple terms, enlightenment is still not the end goal, it is merely another phase of reality and where and how and when is divined by you and the great God that you are. But you

can in this step place yourself beyond your own enlightenment and look and observe how it is that you got there. Whether it was effortless or a struggle, thousands of hoops, boulders, resistance, dragging yourself up a mountain or in the blink of an eye, this is for your observation, not your creation just your observation. It has already been created.

Steps to Enlightenment - Part Four

One of the key things to recognise about enlightenment is that if you have unfinished business in yourself you won't be there and that unfinished business, the further along the line that you get towards your enlightenment, will become more and more apparent to you. It will stand out like a sore thumb for you to look at because the urge to move towards that enlightenment - if indeed it is activated within you in this current lifetime - will require you to step away from all the attitudes and thoughts that are not in alignment with that great knowing that love is ever present and governs the forces of nature. And within that beautiful love there can be no fractures or fragments that determine anything other than that.

An enlightened being will always resonate in front of you as profound love, and that is all you will see and know. If you cannot hold that state because you have a fragmentation within you, it will be your journey to enlightenment that will clean all of this up as quickly or slowly as you determine it to be. As you move ever closer the speed with which those fragments are resolved increases because you have more light to assist in that process of illuminating what the fragments are and the meanings behind them. In the first phases of the journey it is long and slow and arduous because the light is so dim you can't see what it is that you aren't reflecting.

For those that are clearly attuned to their own enlightenment, they may sway off that path at times. Perhaps it gets too hard, or they don't want to look at and have to forgive the trespasses that they have taken to themselves or others. This is up to the individual as to whether they are prepared to move through those phases and continue to realise the great light that they hold within. There is a point that is reached where it is a foregone conclusion that the entity will move through the last phases to its enlightenment, even with those fragmentations because the light of the being is so bright that even the resistance cannot hold it back. This phase when it is reached, in some ways is very comfortable for the entity because they know they are in a state of surrender to the process and nothing that they can do will turn it off. The entity knows when it reaches this phase because the power of the spirit within is the guiding force over and above any trace aspects of the personality or resistance, belief systems or paradigms that may hold it from its completion.

Prior to that stage the entity will go through many changes and those changes in some cases are very painful and unpleasant because they are the last vestiges of unconquered self, unconquered areas, dark phases, unseen aspects, that have been carefully hidden for a long time. When the entity reaches this place, many will cease to pursue their own enlightenment because what they face will be incredibly difficult to bear. The weight of their burdens may cause them to retract their consciousness to a safer place for that time. They can't cope with what is coming up because it is worn through the body, the emotional body, the light body, and all the way up to the spirit. Should the entity be able to sustain them self - and it will only be them self that will sustain it - through this phase, they will reach that final place where the foregone conclusion takes over. Many will drop off before they get to that point. It is not to say that enlightenment is unattainable, it just means that it comes when it is ready to come. Those entities that seem to speed their way through in rapid succession and wake up one day and know indeed that has been achieved or been recognised for them self, would have already experienced these phases in previous incarnations.

This is why the great teachers who reflect back the God can only hold love for you on the journey and that love is eternal because they know if you don't make it this time, they will pick you up next time and you will meet them again. Shopping around for different teachers usually means that the entity is after a short cut. But no shortcuts exist until you are in that final phase when it is in its own momentum and your light is so bright that it illuminates whatever is left rapidly and effectively with very little effort on behalf of the entity. And then it is done.

Steps to Enlightenment - Part Five

One of your greatest clues of enlightenment is that you live in an innate state of joy. If your living is not always in a state of joy, you can know that you are not enlightened, as simple as that may sound. The state of enlightenment holds such great peace for the individual that in any action or inaction they are always in joy and this joy radiates from them wherever they are. It is observed, but mostly felt by the individual. The greatest beings, if you cast your mind across any you may have heard of or witnessed or read about, will always hold that presence that is almost a mix of love and joy put together. This is one of the greatest indicators of enlightenment in any individual. So if you meet an entity that presents with extraordinary knowledge, wisdom, presence of form, holds a great state, but is not radiating with its own inner peace and joy, you can know that they are still on their own journey. Not to judge or question as to why or how, but just to recognise that therein is the clue of enlightenment in observation and in self.

This magical state of pure bliss cannot be mimicked, it can't be created. It is attained and as much as an entity may attempt to force this innate state onto themselves through whatever thought control they can work with - positive thinking or however you wish to discuss that - it is a state of being, not a state of thinking. It is innate in the entity when it is attained, and it doesn't go away. You can't turn it on and off, it just is the way that that person becomes as they are enlightened. If you cast your mind across the people in your reality far and wide, you will recognise how few hold that state in their perpetual way of being, and you will realise that there are not very many enlightened beings walking around on the planet in observation.

The glimpse you have out of the corner of your eye of the street sweeper with the big smile on its face is a clue that enlightenment doesn't have a dress or a structure, it just has a state of being and it can turn up anywhere at any moment in any individual. You can't look for robes or crowns or jewels or mantras to find that enlightened being but what you can look for in yourself is if you live and know that your state of being is in a state of joy and that you don't waver from that.

Part five of the steps to enlightenment is a part of self recognition as to where you are on your own enlightenment. The reason that innate joy is or isn't within you will be because innate joy cannot be attained if there are fragments. It can be partially realised but then there will be moments when it can't be seen, felt or known. It is those moments that the astute and determined entity will address in their steps to enlightenment and in this part, because they will know that there are unresolved aspects of who they are. There are parts that are not holding the absolute state of joy that is an enlightened beings natural, normal continuum. You can ask any enlightened being what that is, and they will smile at you with a knowing understanding that of course they are in a state of joy, there is no other state. And this is why it is so beautiful and worth every step through the quagmire, through the challenges, through the phases, to attain enlightenment, to be joy as your unwavering truth, always. This is enlightenment as clearly as it can be described.

Steps to Enlightenment - Part Six – Secrets

Deep inside the caves, and buried in the scrolls under the earths, and in ancient scriptures and ancient texts, are many, many, secrets. The way that the entity reaches their enlightenment means that they suddenly have access to all these secrets. It's not that those secrets were ever hidden. When you start to reveal the secrets, it seems as if they were the missing pieces that you always needed to know in order to be enlightened, in order to be that divine God that you know you are, but you are so far away from at times. You wonder why it was ever kept from you but the thing about the secrets is that they were always there. It was merely dependent on your ability and your knowledge of the secrets and being able to access them.

The infinite mind never has secrets so if there are parts in your existing reality where you know you are hiding things from yourself, or others, you are caught in your own secrets. And if you are caught in your own secrets in any way, from yourself or others, you know then that you are not in an infinite mind because an infinite mind has no secrets. These hidden texts that nobody has found ... when they become revealed all is known and gods are celebrated once again in that form that we are, or indeed ascension is your handmaiden. When that happens, many will wonder why it took so long for these secrets to come forth and why they couldn't just reveal them. Or tell us or open the doors to the temples and the caves and the texts that are hidden in underneath the Templars writings and the Rosicrucians, and in underneath the Vedic texts and in the temples in Tibet, and inside the caves with ancient wisdom.

Why is it that this information was not able to be revealed? Those secrets were not hidden from you, and nor are they hidden from you. It is you who would hide them from yourself because if you are an infinite mind - which you are once you understand that - everything is yours; everything is known. You can take your infinite mind and move it into any cave, reveal any scroll, walk with the Egyptian pharaohs, go into the pyramids, read the transcripts, open the vaults of the Vatican, find the knowledge that is missing, find the pieces of what it is that you wish to know. That is all yours in an infinite mind for it has no secrets, and because an infinite mind has no secrets it is able to reveal to others the secrets that they are holding from themselves. In the steps to enlightenment one of the things that will happen via great teachers, via information that is revealed, is that you will start to reveal the secrets that you have from yourself. As you reveal those secrets that you have from yourself you are getting ever closer to the infinite mind which has no secrets.

The simple point in this profound step to enlightenment, is to recognise that if you hold secrets from yourself or from others in your immediate reality, you're not an infinite mind. You are on a journey to your enlightenment. The more you reveal those secrets within you the more you open the doors to the hidden caverns in your own mind to the places you don't want to look at, and the ones that you do want to look at. The more you reveal all those spaces within you, the more infinite your mind becomes because those spaces are merely reflections of where you shut the doors to this great knowledge. You know everything if you choose, including all the secrets of ancient wisdom.

Does that mean that we now need to go and read a thousand texts, write a thousand pieces of knowledge on what those secrets are? Not necessarily. All that means is that we now have access to our greater mind, to our infinite mind, to any text, to any scroll, to any drawing on a cave wall, to any buried knowledge. This is magnificent because with that knowledge that we now have access to, it means that never again can truth be hidden from us because we are an infinite mind that has no secrets. There is power in these words, in beneath what is hidden lies truth. So, if inside of you anywhere there are secrets yet to be heard and recognised, you go with those inside of you and you reveal them to yourself and know that what's happening is that you are reaching the same state as those enlightened beings with an infinite mind. This is simple and works across the board no matter what path of enlightenment it is you choose to be on, if indeed it is a choice.

Steps to Enlightenment – Conclusion

If you have been carefully following the few simple understandings in steps to enlightenment you will know that:

Number 1: Enlightenment is an arbitrary point on an eternal being.

Number 2: Only you are able to create and know how you reached that enlightenment and what journey you took to get there.

Number 3: There really is no end goal because you are, and always have been eternal.

Number 4: If you are not resonating in a state of joy at every moment you are most likely not enlightened.

Number 5: Secrets need to be revealed to yourself and you can open the doors within your own mind to bring forward that greater truth.

It would seem that if only it were this simple. And we know also that separation is as much God as you are in oneness. What if we took for a moment a simple outrageous thought that the earth plane, the dense materialised reality of human consciousness way down at the bottom, morphs instantaneously into the plane of enlightenment and the whole thing is flipped upside down on its head? And everyone who thought they were going for their higher self, their greater self, their upper self, their bigger self, was always walking on enlightenment right here right now. And that the very ground underneath their feet supporting enlightenment, and the atmosphere that they were breathing, was that of gods. And the twinkling stars in the sky were merely reflections of their enlightened mind shining back at them in the infinite void. And what they were perceiving were all their creations in manifested form.

And that what you thought was a journey to break down the barriers, to conquer, to work out, to overcome, for so long, was always enlightenment only you tricked yourself into believing it wasn't. And that you were never unenlightened, that you have always been, and always will be the divine expression of God in form. What if in this moment we just knew the truth that we hold an infinite mind, we radiate as a great light, and we recognise our own steps to enlightenment as a ladder within us that we have been up and down, up and down, up and down? And we are as much one with the great minds and the great beings at the top of the ladder, as we are at the bottom. Can we afford to recognise that we have changed, and we are indeed enlightened, and we always have been? Who would have the audacity to think that or say that other than a mind that knows that it is? I can't stop you from being who you are any more than you can stop me from being who I am. So where does that leave us now? If I accept that I am enlightened and I walk now on a plane of enlightenment, and that is my reflected reality, what does that make you in my eyes? And there it is, the simple steps to enlightenment.

Please send this to anyone you choose. All we ask is, you let them know of the website [The Compendium of Thought](http://www.thecompendiumofthought.com) so they have their own experiences there.